

Meet our Therapists!



Anna Needham, LPC

Now Accepting New Clients in Edmond, OK

I am a Licensed Professional Counselor in Oklahoma, Texas and Colorado. I am trained to provide EMDR (Eye-Movement Desensitization and Reprocessing), which is a highly effective treatment protocol for trauma. My clients are adults ages 18 and up who are experiencing a need to process traumas they've experienced. My passion is to walk alongside others through life's challenges whether that's a season of adjustment, feelings of depression or anxiety, or processing trauma.

Kara Grace, LPC

I am a Licensed Professional Counselor in Oklahoma with over 6 years of experience working with individuals, couples, and groups. I have a Bachelor's degree in Psychology and a Master's of Science in Counseling, both from Oklahoma State University. I have worked with clients expressing various concerns including autism spectrum disorder, depression, anxiety, parenting challenges, and communication issues. I bring a combination of knowledge and experience from working with individuals utilizing my dual training as a Licensed Professional Counselor and Board Certified Behavior Analyst. I am also trained in EMDR.



Marie Robinson, LMFT

Now Accepting New Clients in Edmond, OK

I am the owner of MRobinson Counseling LLC. I am also a Licensed Marriage and Family Therapist (LMFT) and Executive Leadership Coach in Oklahoma. As an LMFT, I am trained to work with adults, couples, and families. I enjoy helping people explore solutions to issues that affect them. My ideal client may be a couple who had a strong relationship, but struggle to reconnect; a man or woman who is trying to adjust to life's challenges, including depression, anxiety and grief, or a family that wants to create healthy systems so they can thrive. I am trained in Emotionally-Focused Therapy.



Penny Britton, LPC, LADC

Now accepting new clients in Stillwater, OK

I am a Licensed Professional Counselor and a Licensed Alcohol and Drug Counselor in Oklahoma. I have 20 year's experience working with individuals, couples and groups. I am certified in Trauma-Focused Cognitive Behavioral Therapy. I am trained in Motivational Interviewing. I enjoy working with all ages, children, adolescents and adults. My passion is helping individuals to find their motivation and strive for solutions to the problems they are dealing with.

Candi Patten, Yoga Instructor

I gained my 200 hr yoga teacher training at Red Earth Yoga Center in 2020. Since then my passion has been guiding others in their yoga journey. Teaching them that one simple movement and one deep breath can open a door to a bigger state of mind, health and happiness. My goal is to teach my students mindfulness skills that can translate to their daily lives.



Follow us @mrobinsoncounselingllc!

Upcoming Events:

Yoga- Every other Tuesday from 6:00 pm to 6:45 pm- Stillwater

Mindful Living Groups for men - TBA

Mindful Living Groups for women- TBA

Register or submit inquiries to: mrobinsoncounseling@gmail.com

